

Guidelines for In-Person classes at Infinite Bliss Yoga:

1. Masks are Mandatory.
2. Please arrive 10 – 15 minutes before class start time wearing a mask (door will be locked at 5 minutes before class start time).
3. Wait outside for teacher to motion you in one at a time.
4. Teacher will scan your forehead with a contactless thermometer.
5. Put your shoes and personal belongings in a cubby.
6. Enter the yoga space with your mat and water bottle and place mat on one of the designated mat spots.
7. Proceed to one of the bathrooms to wash your hands (maintain social distancing if waiting).
8. Return to your yoga mat.
9. At the conclusion of class, please make your way out of the studio without congregating in the lobby.

Namaste!