

## Guidelines for In-Person classes at Infinite Bliss Yoga:

1. Please arrive 5 - 10 minutes before class start time as door will be locked.
2. Any student who has received the final dose of the COVID-19 vaccine at least 14 days prior does not need to wear a mask.
3. Proceed to one of the bathrooms to wash your hands.
4. Mats, blocks and straps are available, but they must be sanitized after your use – cleaner and washcloths are available in the lobby area under the wall with the mirror.
5. Regular students may leave yoga mat in a cubby – PLEASE make sure you label your mat with your initials (Sharpie marker is available at the front desk).

*Namaste!*