

Guidelines for In-Person classes at Infinite Bliss Yoga:

1. Please arrive 5 - 10 minutes before class start time as door will be locked.
2. Masks are mandatory for all students regardless of vaccination status.
3. Proceed to one of the bathrooms to wash your hands.
4. Mats, blocks and straps are available, but they must be sanitized after your use – cleaner and washcloths are available in the lobby area under the wall with the mirror.
5. Regular students may leave yoga mat in a cubby – PLEASE make sure you label your mat with your initials (Sharpie marker is available at the front desk).

Namaste!